

# Antarctic Gazette

## 5 Paul the Penguin Takes Flight!

9 Hundreds of emperor penguins  
14 looked on in amazement yesterday,  
21 as one of their colony took to  
23 the skies!



29 Mr and Mrs Waddle couldn't believe  
35 their eyes when their new son,  
44 Paul, began to flap his wings and suddenly soared  
54 into the icy air. Because of their size and weight,  
61 penguins have always been considered a flightless  
65 bird – but not Paul!

75 Once he had landed, Paul said, "I just fluttered my  
87 wings and before I knew it, I had lifted off the ground!  
90 It was easy!"

100 TV crews are already on their way to the Antarctic  
107 to try to film Paul in action.

# Quick Questions



1. What type of penguin is Paul?

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2. What verb does the author use instead of 'flew'?

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3. Why do TV crews want to film Paul?

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4. How do you think Mr and Mrs Waddle feel about their son?

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107 to try to film Paul in action.



1. What type of penguin is Paul?  
**Paul is an emperor penguin.**



2. What verb does the author use instead of 'flew'?  
**soared or lifted off**



3. Why do TV crews want to film Paul?  
**Accept any inferential answer relating to the text, e.g. They want to film Paul because he is amazing as penguins don't usually fly.**



4. How do you think Mr and Mrs Waddle feel about their son?  
**Pupil's own answer with reference to the text, e.g. I think his parents are very proud of him because he can fly.**

# Arctic Yoga Instructions

9 Follow these instructions to create some arctic yoga poses:

## 11 The Walrus

- 22 1. Begin by sitting with the soles of your feet together.
- 32 2. Touch your fingers to each side of your head.
- 42 3. Gently bounce your knees to flip your walrus flippers.

## 44 The Whale

- 51 1. Firstly, lay flat on your tummy.
  - 63 2. Breathe out and lift the top part of your body off the floor.
  - 72 3. Gaze forwards or look slightly upwards.
  - 84 4. Hold this for a few seconds and then drop back down.
  - 95 5. Repeat this move five times while pretending to be a whale squirting water from its blowhole.
- 101



# Quick Questions



1. Which parts of your feet have to touch together to do the walrus pose?

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2. Which word has the author used instead of 'look' in the whale instructions?

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3. Why are these exercises called Arctic yoga poses?

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4. Do you think that you would be good at Arctic yoga? Why or why not?

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# Answers



1. Which parts of your feet have to touch together to do the walrus pose?  
**soles**



2. Which word has the author used instead of 'look' in the whale instructions?  
**gaze**



3. Why are these exercises called Arctic yoga poses?  
**Example answer: They are called Arctic yoga poses because they are named after animals that live in the Arctic.**



4. Do you think that you would be good at Arctic yoga? Why or why not?  
**Pupil's own answer with reference to the text, e.g. Yes – because I am very good at balancing in PE lessons.**

# Polar Bear – Fascinating Facts

10 Polar bears have a great sense of smell. They can  
19 sniff out seals from almost 1km away even when  
24 they are under the ice.

32 A fully-grown adult polar bear weighs between  
39 175-650kg and measures approximately 2-3  
42 metres in length.

52 Polar bears need to hunt earlier each year due to  
61 climate change, which is melting the sea ice. This  
67 means their feeding season is shorter,  
73 giving them less time to build  
77 up their fat reserves.

82 This is why polar bears  
86 are quickly becoming an  
90 endangered species. Try to  
96 find out what you could do  
102 to help save the polar bears.



# Quick Questions



1. How long is an average adult polar bear?

\_\_\_\_\_



2. Which verb has the author used instead of repeating the word 'smell'?

\_\_\_\_\_



3. Why is it important for a polar bear to build up its fat reserves?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



4. Where could you look to find out about how to help save the polar bears?

\_\_\_\_\_  
\_\_\_\_\_  
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\_\_\_\_\_



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90 endangered species. Try to  
96 find out what you could do  
102 to help save the polar bears.



# Answers



1. How long is an average adult polar bear?  
**The average polar bear is 2-3 metres in length.**



2. Which verb has the author used instead of repeating the word 'smell'?  
**sniff out**



3. Why is it important for a polar bear to build up its fat reserves?  
**Accept any inference relating to the text, e.g. They need to build their fat reserves so that they can survive in the cold conditions.**



4. Where could you look to find out about how to help save the polar bears?  
**Example answers: I could look on the Internet, in a library book, watch a nature programme, etc.**

# What Happened to Captain Scott?

9 Captain Robert Falcon Scott set out on his journey  
17 to the Antarctic in 1910, using mechanical sledges.  
27 When those sledges failed, he had to rely on the  
38 few dogs he had taken to pull him, his men and  
40 their equipment.

48 When they finally reached the South Pole in  
56 January 1912, they discovered that a team of  
63 explorers from Norway had arrived before them.

73 Scott and his team had to travel back 800 miles  
80 through freezing temperatures and ice. They had  
88 poor clothing and very little food and sadly,  
95 they died. Many months later, a search  
102 party found their bodies and buried them  
105 in the snow.



# Quick Questions



1. Why did dogs have to pull Scott's sledges?

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2. Which word has the author used in the second paragraph to show that it took a long time for them to get to the South Pole?

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3. How do you think Scott and his men felt when they knew someone had got to the South Pole before them?

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4. Where were Scott and his team finally buried?

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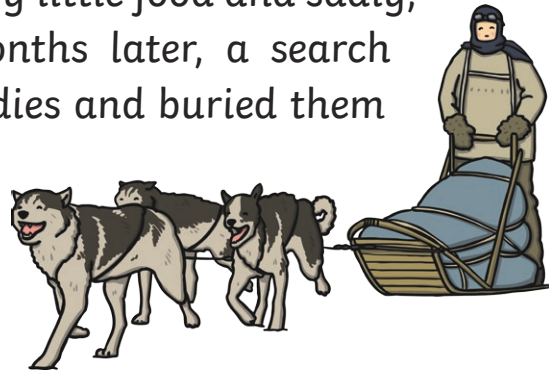
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95 they died. Many months later, a search  
102 party found their bodies and buried them  
105 in the snow.



# Answers



1. Why did dogs have to pull Scott's sledges?  
**The dogs pulled the sledges because the mechanical sledges failed.**



2. Which word has the author used in the second paragraph to show that it took a long time for them to get to the South Pole?  
**finally**



3. How do you think Scott and his men felt when they knew someone had got to the South Pole before them?  
**Accept any inferential answer with reference to the text, e.g. They probably felt very disappointed as they had travelled a very long way.**



4. Where were Scott and his team finally buried?  
**Scott and his team were buried in the snow.**